

Privacy Statement

Privacy Notice

Your privacy is important to All about You - Therapy and we go to great lengths to protect it. This agreement includes our privacy notice which tells you all about the personal data we hold about you. It explains how we may collect and use your details and tells you about your rights under General Data Protection Regulation ((EU) 2016/679) and any national implementing laws, regulations and secondary legislation, as amended or updated from time to time, in the UK.

Information we collect from or about you

We'll only collect and process information about you, provided by you with your consent. Sometimes we have to collect some personal data in line with The Hypnotherapy Society Code of Ethics. If you don't give us the data we ask for, we may not be able to work with you. All information is stored as confidential data in locked storage.

How we use your information

So we can provide you with Hypnotherapy treatment, we must have a legal reason to use your personal data, this is usually:

1. To comply with The Hypnotherapy Society Code of Ethics
2. For the purpose of the course of treatment
3. Under Data Protection Law
4. With your consent

How we share your data

Your information is not shared with any other parties. There are very specific limited reasons related to therapy for which I may need to share/process your data.

Legitimate interest

1. It may become necessary during our work together for me to break confidentiality for safeguarding reasons, harm to self or others, acts of terrorism or drug trafficking/money laundering. The information shared will be the minimum required. Your information may be shared with health professional and emergency services as appropriate.
2. Clinical will. In the event of my death or becoming incapacitated, a family member will pass a sealed envelope containing name and contact details only of my current clients to my peer supervisor. This is to enable my peer supervisor to make contact about my situation and to discuss therapy options going forward to maintain your safety. To ensure confidentiality the family member does not have access to my secure storage for clinical notes.

Legal obligation

I may be required to share information in your notes if I am issued with a court order.

Consent

If you ask me to share your notes or information with other medical professionals or your legal representative.

How long will we store your information (Date retention schedule)

1. If you choose not to continue with therapy after your assessment session this information will be disposed of two weeks after, as confidential waste.
2. If you choose to continue with therapy, client notes are kept confidentially for up to seven years after your last session in line with the requirements of my professional insurance. For under 18's name/contact and notes will be kept for six years after the age of 18 is reached. All information is then destroyed as confidential waste.

Your rights and how to contact us

You have the right to:

1. A copy of the personal data we hold for you
2. Have your data corrected if it's wrong or incomplete
3. Have your data deleted or removed if it's no longer needed
4. Withdraw any permission you've given in respect of your personal data

Complaints

If you're not happy with the way your personal data is held or processed please tell us using the messaging service available on www.allaboutyou-therapy.co.uk

You can complain to the Information Commissioners Office (ICO), the UK supervisory authority for data protection issues (www.ico.org.uk).